



## HOW TO HELP MISSING PETS

using animal communication

Dear reader

I am so sorry to hear your pet or an animal that you know has gone missing. Keep believing and focus on reunion. I know how worry, fear and anxiety can take over. Trust in the power of love to support and guide you, to bring you the inner clarity and support. Please know there are many kind people along the way who can help you in unexpected ways. My prayers are with you.

I do not work on missing animal cases but I have gone through this with one of my own animals and have made a list of the practices and resources which helped me. Ultimately, it's about deeply trusting your own gut knowing, taking all the actions needed, gathering a supportive team around me and working with spirit which gave me personal clarity and peace.

1. Read the list of practices below for strengthening your own energetic and intuitive connection with your animal
2. Watch the webinar by world renowned communicator Wynter Worsthorne

### **STRENGTHENING YOUR OWN ENERGETIC & INTUITIVE CONNECTION WITH AN ANIMAL**

You are naturally connected to your own animal companion through love and the relationship you have already. You share energy with them whether together or apart. Love is a profound thing and is felt across time and space.

If the animal you are helping is that of a friend or someone else, trust in the love you have for animals as a whole and that it will guide you and support them.

The practices below can be done at home in a quiet space or while out looking. You can print an image of the animal to have with you as a focus point or just hold them in your heart and thoughts.

1. **DO WHATEVER IT TAKES TO BE CALM. This is for your animal, slow yourself down and connect to your centre.** Consciously choose to let go of all the fears and to be in faith. **They are needing your full support right now, both practically and energetically.** From your deeper centre send her / him gentle, calming, empowering and loving energy. If you feel or fear for their distress, acknowledge this and send them feelings of calm reassurance and the energy of WE CAN DO THIS. Keep finding your inner strength and determination. Staying centred can be very hard but it will help both of you to follow your instincts, intuition and logic more clearly as well as be open to divine guidance.
2. **Ask for help from the Universe / Spirit / God.** Lean into your faith and pray for divine guidance and intervention. Prayer is personal, it is not so much about the words we use as the heartfelt request and surrender to receive help. I find simple is best at these times although longer prayers may help you find your own inner calm.
3. **Work with energy and the law of attraction.** Visualize and imagine them surrounded by light and a feeling of safety. Feel like a magnetic lighthouse beaming the animal home and imagine being re-united. You don't need to know how this happens. When this prayer is done with openness to spiritual re-connection it can deeply support your metaphysical connection to either finding them, them finding you or you receiving clear communication from them that they have passed over.
4. **Follow up on every little hunch, gut feeling or intuition** as you never know what piece of insight or help it will give you
5. **Ask the Universe for signs to guide you.** Many people ask, "how do I do this?" You just ask, directing your heartfelt request to the universe, god, spirit, angels, nature or what and who you believe in. Then be open to noticing when something happens, acknowledge it and express gratitude. Maybe an animal crosses your path, a book opens on a certain passage that is meaningful, a person says something to you which resonates or you see specific numbers, colours or patterns repeated. You can also ask for more clarity by asking that the signs come in 3's.
6. **Send the animal positive empowering emotions & believe in them.** All animals and people have amazing resources inside of them when faced with challenging situations. Believe in your animal to be able to find their own inner strength by sending them your belief in their natural instincts to switch on.
7. **Tell them what you are doing each day.** Send out clear picture messages to your animal the morning or night before about where you will be searching and at what times.
8. **Open your heart for reflection and deep listening.** Sometimes animals leave because they are upset or cross - tell them your heart is open to listen to what's going on for them and find a solution. Reflect on any stresses in the environment, home or relationships in general and let your animal know you are going to take care to improve and change things.
9. **Encourage the animal to find help.** Sometimes they get stuck somewhere, they may freeze and out of fear stay hidden. Encourage them to be brave and trust their instincts to find someone who can help them.
10. **If you cannot sense them in the physical body then open your heart to connecting with them in spirit.** Choose to bless their journey, sending them light and ask them to help you to find peace and clarity and absolute surety about what has happened.

**11. Gather a positive community of helpers around you.** Ask your friends and family who are helping in the search to join you in sending a clear energy message to your animal of reunion rather than fear. Unified thought and intention is incredibly powerful.

#### **E-BOOK & WEBINAR with WYNTER WORSTHORNE OF ANIMALTALK AFRICA**

This E-Book comes with a free webinar that has helped many people find inner clarity, peace and reconnection with their loved animals. Wynter, for many years regularly assisted on missing cases. She now focusses on teaching animal communication with her Online Academy, [Animal Talk Africa](https://www.animaltalkafrica.com).

The E-book and webinar can be downloaded at the link below for \$10. Use the green button in top right of the page. <https://learn.animaltalkafrica.com/courses/where-is-biggles>

*"Where is Biggles – What to do when animals go missing according to the principles of Animal Communication". With your book purchase you get the Webinar Heart Energy Achieving Real Transformation for Missing Animals.*

#### **A NOTE ON WORKING WITH DIFFERENT COMMUNICATORS**

An animal communicator can provide a valuable lifeline with your animal, clear guidance and re-union. Many regularly and reliably help in these stressful situations. But in missing cases there can also be much confusion due to the stressful nature of this work. Choose a communicator who helps you feel calm. Be aware if you go to more than one person you may receive different feedback. My advice is to follow up on the leads and cover all your bases. **Stay focussed on finding and trusting YOUR inner voice** and don't invest your emotions too heavily on what other people tell you.

Wishing you strength and divine guidance

Kate